



FREE and LOW COST

Community Resources for our Recovery

To access the complete resources guide, go to keyshelp.org
Questions - please email United Way at: info@keyshelp.org

HELP

Florida Keys Outreach Coalition (FKOC) & United Way of Collier and The Keys

Up to \$250 to those impacted by Covid-19 for medical, prescription, utilities & child care. Please have the required documents to upload: Monroe County ID, proof of impact due to COVID (a letter or pay stub from employer), and current bill with which you need assistance. **Application online: English, Creole & Spanish**
Start here at the United Way's resource guide:

www.KeysHelp.org

BABY

Florida Keys Healthy Start Coalition

Childbirth and breastfeeding education, car seats, diapers, formula, mental health support, transportation to doctor's appointments, prenatal care, parent support & playgroups. 305-293-8424

RENT

Catholic Charities

Assistance for individuals and families at risk of homelessness. 305-292-9790

Samuel's House

Assistance for families. 305-296-0240

FKOC

Help for individuals and families at risk of homelessness. 305-295-7741

A.H. Monroe

Primarily for residents who are HIV Positive. 305-296-6196

Sister Season Fund

For community members in the service industry. 305-304-9828

Facing Eviction? DHHS-CDC declaration form for landlord: <https://tinyurl.com/y3my6hcb>

Legal Services of Greater Miami Inc.

legalservicesmiami.org/covid-19 866-686-2760

FOOD

SOS Pantry - Food Boxes Available

Monday & Thursday 9:30 am - 6:00 pm
Tuesday & Wednesday 9:30 am - 3:30 pm
5640 Maloney Ave. 305-292-3013

Loaves & Fish - FKOC Food Pantry

Monday - Friday 9:00 am - 4:00 pm
2221 Patterson Ave. 305-293-0641

City of Key West's Bahama Village Pantry

Monday - Friday 1:30 - 7:30 pm
Saturday 11:30 am - 4:30 pm
SOS offers Food Boxes from this location on Tuesdays 1:30-4:30 pm
111 Olivia St. @ Fredrick Douglas Gym



Calls to all agencies are being returned as quickly as possible, please be patient, check your voicemail & welcome help in many different ways.

CARE

Guidance/Care Center

FREE or low cost counseling, psychiatric and case management for adults & children. Help with substance use and suicide prevention. 305- 434-7660 (For 24/7 Crisis Hotline option #8)

HEALTH

Womankind

Primary Care for men , women & teens, including lab testing & ultrasounds. 305-294-4004

Keys-AHEC Health Centers

Free primary care for children
Monday - Friday 8:00 - 3:00 p.m.
305- 743-7111 ext 210

Rural Health Network:

Free primary care for uninsured adults & children. Flu shots, onsite labs & ultrasound. Dental facility. Translation Available. Monday - Friday 8:00 - 5:00 p.m. 305- 517-6613 ext. 500

TESTING

Full List of locations: monroe.floridahealth.gov/covid19 click "Testing Sites."

FREE TESTING BY APPOINTMENT:

Rural Health Network 305-517-6613

Department of Health Monroe 786-910-9764

AHEC - Rapid Testing 305-743-7111 ext 210

